

**University of Rochester**  
**Postdoctoral Scholar Benefit Program**  
**COBRA RATES**

**Effective January 1st, 2020 - December 31st, 2020**

	<b>Monthly COBRA Rates</b>
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Medical PPO - Excellus BCBS	
Postdoc only	\$509.53
Postdoc + Spouse/Domestic Partner	\$1,064.94
Postdoc + Child(ren)	\$947.75
Postdoc + Family	\$1,508.26
Dental PPO - MetLife	
Postdoc only	\$25.66
Postdoc + Spouse/Domestic Partner	\$49.37
Postdoc + Child(ren)	\$57.75
Postdoc + Family	\$81.46
Voluntary Vision PPO - Aetna	
Postdoc only	\$6.72
Postdoc + Spouse/Domestic Partner	\$12.77
Postdoc + Child(ren)	\$13.43
Postdoc + Family	\$19.76